


EMOTIONAL INTELLIGENCE

EQ-i 2.0 VIRTUAL WORKSHOP

Emotional intelligence is defined as a set of emotional and social skills that influence the way we:

- Perceive and express ourselves
- Develop and maintain social relationships
- Cope with challenges
- Use emotional information in an effective and meaningful way

Since the 1990's, emotional intelligence has been recognized as a cornerstone of leadership effectiveness. It is the most influential factor separating "average" leaders from those who truly influence and shape their environment.

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Where leaders gain perspective!

ACCESS AND DEVELOP YOUR EMOTIONAL INTELLIGENCE TO SIGNIFICANTLY IMPROVE YOUR LEADERSHIP EFFECTIVENESS.

Through taking a "snapshot" of how each participant utilizes their emotional intelligence and providing participants with concrete, targeted strategies for further developing their emotional intelligence, this workshop offers participants tangible means for significantly improving their leadership effectiveness.

DURATION: 4 hours

PARTICIPANTS: 10 minimum; 20 maximum

SCHEDULE: Contact us to schedule a workshop



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