



Where leaders gain perspective!

## MYERS-BRIGGS TYPE INDICATOR

### Virtual Workshop

#### CONTACT

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#### Myers-Briggs Type Indicator (MBTI):

**Create a framework for building better relationships, leading positive change, inspiring innovation, and attaining excellence.**

The self-awareness generated through our MBTI workshop improves how participants communicate, learn, and work. Based on Carl Jung's theory of psychological type, MBTI helps individuals identify their preferences in four areas:

- where they focus their attention,
- how they take in information,
- the way they make decisions based on that information,
- and how they deal with the world.

**The MBTI assessment offers participants personalized insights regarding their own preferences AND how they can effectively communicate and work with others who may have differing preferences. It is a proven, effective tool for enhancing self-awareness, team effectiveness, and the overall workplace environment.**

**DURATION:** Four hours

**PARTICIPANTS:** 10 minimum, 20 maximum

**SCHEDULE:** Contact us to schedule a virtual workshop

