



Where leaders gain perspective!

EXPLORING LEADERSHIP

New Leaders

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Exploring Leadership for New Leaders

This eight-day program is for employees new to a leadership role within in an organization. It takes place over the course of two weeks, spaced approximately two months apart so that participants have an opportunity to practice new skills between weeks one and two. Participants learn the basics of the leadership mindset, explore various leadership topics and models, and receive a variety of assessments in order to gain self-awareness and tools for influencing and leading others.

Week One

- **What is Leadership?** (Qualities, attitudes, and behaviors of leaders)
- **Leaders vs. Managers** (The difference between leading and Managing)
- **DiSC Workplace Assessment** (Understanding of personality preferences in the workplace)
- **Team Dynamics and Building Trust** (*Understanding of Lencioni's Five Behaviors for a Cohesive Team and trust building behaviors*)
- **Productive Conflict** (Learn conflict preferences and effective ways of engaging in conflict productively)
- **Sphere of Influence** (Having influence "when you aren't in charge")

WEEK 2

- **Emotional Intelligence** (*Learn the 15 skills for emotional intelligence and methods to improve*)
- **How to influence others through change:** (*Learning the Eight Steps (Kotter) associated with change, Individuals' responses to the phases of change (Bridges), and how to influence and help others through the complexities of change*)
- **Setting Priorities & Creating Life Balance** (*Learning how to organize yourself for maintaining work/live balance and manage stress*)
- **Values Clarification and Writing a Professional Vision for Your Career and Life** (*Clarifying personal values and writing a professional vision*)

DURATION: Eight days

PARTICIPANTS: 10 minimum; 30 maximum

SCHEDULE: Contact us to schedule a program