



Where leaders gain perspective!

EMOTIONAL INTELLIGENCE

Virtual Workshop

CONTACT

PHONE:
928-607-6356

WEBSITE:
www.HighRidgeLeadership.com

EMAIL:
Mike@HighRidgeLeadership.com

Emotional Quotient Inventory (EQ-i 2.0)

Access and develop your emotional intelligence to significantly improve your leadership effectiveness.

Emotional intelligence is defined as “a set of emotional and social skills that influence the way we:

- perceive and express ourselves,
- develop and maintain social relationships,
- cope with challenges,
- and use emotional information in an effective and meaningful way.”

Since the 1990's, emotional intelligence has been recognized as a cornerstone of leadership effectiveness. It is the most influential factor separating “average” leaders from those who truly influence and shape their environment.

Through taking a “snapshot” of how each participant utilizes their emotional intelligence and providing participants with concrete, targeted strategies for further developing their emotional intelligence, this workshop offers participants a tangible means for significantly improving their leadership effectiveness.

DURATION: Four hours

PARTICIPANTS: 10 minimum, 20 maximum

SCHEDULE: Contact us to schedule a virtual workshop



EQ-i 2.0[®]
CERTIFIED